

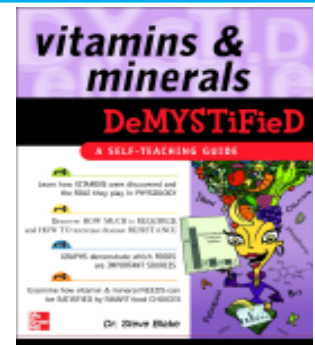
BAUMAN NUTRITION PRESENTS

THREE LECTURES BY STEVE BLAKE, SCD, DOCTOR OF HOLISTIC HEALTH

VITAMINS AND MINERALS IN HEALTHY FOOD

Friday, October 5th, 7 pm, Bauman College,
3912 Portola Dr. Suite 10 Santa Cruz, (707) 824-0776

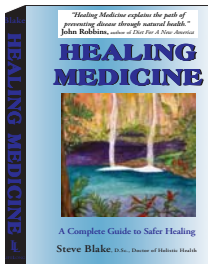
Fascinating information from Dr. Blake's new book



CHOCOLATE, COFFEE & ANTIOXIDANTS

Sun., October 7, 2 pm Bauman College, 10151 Main Street
Suite 128, Penngrove, CA 94951 (707) 824-0776

Find out if chocolate and coffee are good for you



PERFECT FOOD

Wednesday, October 3rd, 7 pm

Bauman College, 901 Grayson St. #201, Berkeley, (707) 824-0776

A zoological exploration of our perfect diet.

Admission \$10. Preregistration is required to insure a seat

Dr. Steve Blake has dedicated his life to helping people understand how easy it is to attain excellent health. Dr. Blake has earned two doctorate degrees in natural medicine. He has new software to analyze your nutrition called the *Diet Doctor*. He pioneered the computerization of knowledge on natural remedies from around the world, now released as *GlobalHerb Pro 2007*. Steve Blake has authored a dozen major publications including "*Healing Medicine, A Complete Guide to Safer Healing*." He is just completing a textbook called *Vitamins and Minerals Demystified* for McGraw-Hill.



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